



PRINCIPAL'S REPORT

It was lovely to see 26 of our students participate in the ANZAC Day march and service at Huskisson on Saturday. Thank you to parents for bringing your children and allowing them to participate. We have included some photos of the students marching.

NAPLAN: This year the NAPLAN assessments will take place from Tuesday 12 – Thursday 14 May (Week 4). All students in Years 3 and 5 are expected to complete these assessments. If you want any further information regarding the assessments please come and see me.

4/5/6 Excursion: Notes were sent home last week regarding this year's excursion to Berry Sport and Recreation Centre. The dates for this excursion are 4 – 6 November. We are asking for a \$50 deposit from all students who will be attending. We need to confirm numbers with the centre ASAP and pay a security deposit to confirm our place.

The balance of the excursion cost can be paid off throughout the year and will need to be finalised by the end of Term 3. Student assistance is available to ensure that all students are able to attend. All applications are dealt with confidentially. Please see Karen in the office for more information.

The **FISST Cross Country Carnival** is this Friday 1 May. Notes and money were to be returned to school by today. We want as many students as possible to attend and participate. We usually do well at this carnival and students have the chance to compete at the District Carnival next week. If you haven't already done so, please return notes and money tomorrow.

K/1/2 NEWS

Kinder are learning about the letters v and e. We know if we say the v sound properly our bottom lip tickles!! Years 1 and 2 are learning about words from the 'id' word family.

In Maths, Kinder are practising their counting forwards and backwards while Years 1 and 2 have been learning about money and different ways to make the same amount. We've discovered that counting by 2s, 5s and 10s helps us to add money!

Please make sure your child is returning their home reader regularly. We have some children who have not changed their home reader in a while.

It was disappointing that only 3 children in Years 1 and 2 handed in their homework last week. I hope to see more homework completed and returned to school on Friday.

Finally, I am attending meetings tomorrow so Mrs Henry will be taking the class.

If you have any questions or concerns, please come and see me.

Nicole

3/4 NEWS

Well done to the children who returned their home readers yesterday. They need to be changed more regularly. Children who are reading chapter books also need to return the folder with the chapters they have read marked off.

We are aiming to have everybody borrowing from the school library tomorrow. Quite a few children tried to borrow last week and found that they had overdue books at home. Books can be returned any day of the week and then we have a special Library lesson on Thursday. Last term Evie Finch was the **only** child in 3/4 to borrow every week. Super effort Evie!!

Week 1 of Term 2 House Point score Emus 96 Kangaroos 82.

We are starting our next set of Talks and the first topic for this term (by class vote) is "Games"-

5/6 NEWS

In 5/6 this term, year 6 will be having fortnightly meetings to discuss issues concerning their final year of primary school. These include fundraisers, school shirts and reward days. Students not only have an input into their own learning environment but learn to participate in a structured meeting. In Maths this week students have been revising place value and decimals. We have been very successful at this as a whole class and students should be proud of their efforts. We have started our text type this term which is narratives. Students are looking forward to writing their own stories, poetry and comics. Finally a reminder about home readers, could they please be returned as most of the class are on level 30, we need a quick turnaround so other students have access to the books. If your child is reading a book from home could they please return their journal so it can be cited and recorded.

Thankyou for your support

Dion Lalor

MS CULLEN

This week during Creative Arts, 3/4 and 5/6 are exploring one point perspective art and rehearsing their performance for the upcoming Shoalhaven Eisteddfod. They will be performing on Wednesday 20 May at the Shoalhaven Entertainment Centre. K/1/2 are learning body percussion and the creative elements of fireworks during art lessons.

SPORT NEWS

This Friday 1 May 2015 is the first of our carnivals for Term 2. The FISST Cross Country is once again being held at Willandra. Notes regarding this carnival were sent home last week. The District Carnival will be held in the following week in week 3 with our School Cross Country being held in week 4. For our own school carnival, we will be requesting volunteers to assist the



BOOK CLUB Issue 3 was handed out to the students this week, if you would like to place an order please return it to the office by Wednesday 6 May 2015.

COMMUNITY NEWS

FREE KIDS DENTAL*



A \$1000 benefit for eligible kids to use on selected dental services every 2 calendar years.

Contact us to check if your child is eligible for the Child Dental Benefits Schedule!

PacificSmilesDENTAL

visit pacificsmilesdental.com.au to book an appointment

11am to 4pm

K.V. PUBLIC SCHOOL

COUNTRY FAIR

2ND MAY 2015

KANGAROO VALLEY PUBLIC SCHOOL

Billy Cart Derby, Trash n Treasure, Food, Stalls, Side Show Alley, Jumping castle, Petting Zoo, Raffles, Mother's Day stalls, and LOTS more!

Come and Enjoy a GREAT day!



The Stewart House keyring torch is fun

Available

WEEK (3)

☺Monday 4 May
☺Wednesday 6 May
☺Thursday 7 May
☺Friday 8 May

Life Education visit
District Cross Country - Willandra
P & C Meeting 6:15pm
School Cross Country
Mother's Day stall

COMING EVENTS

☺Tuesday 12 - Thursday 14 May
☺Wednesday 20 May

NAPLAN
Eisteddfod



P & C Mother's Day Stall

**Don't forget mum on
Sunday 10 May!**

Our Mother's Day Stall will be held on Friday 8 May, 2015. Donated gifts to the value of \$5 will be gratefully accepted. Students will need to bring in \$5 on this day if they want to purchase a gift from the stall. Students who have donated a gift



ANZAC Day march



HAROLD MERCHANDISE

Dear Parents,

Life Education NSW is a not for profit community-based organisation that relies heavily on fundraising within the community to assist in meeting the shortfall left after receiving minimal assistance from Government funding.

The sale of Harold merchandise to the children whilst the program is visiting each school supports the fundraising activities of local committees and all proceeds support Life Education within each local area. These products help to remind children about the messages delivered to them during their Life Education session and have either a picture of Harold or the Life Education logo on them.

The educator will provide the opportunity for children to purchase these products during the school visit. Please provide the **correct money** in an envelope with the item written on the face of the envelope along with your child's name and class. This allows the educator to process orders efficiently and accurately. Orders will be returned by the conclusion of the visit.



Product Description	Price Incl. GST	Quantity	Product Description	Price Incl. GST	Quantity
Tattoo	\$0.50		Harold Hand Ball	\$3.00	
Harold Sticky Note Pad	\$1.50		Harold Stationery Set	\$3.00	
Harold Activity Bag	N/A		Small Harold Soft Toy	\$8.00	
Harold Keyring	\$3.00		Large Harold Soft Toy	\$15.00	
Total Owing			Total Owing		

Name: _____ Child's Class: _____

NB Harold Products are subject to availability

Life Education NSW thanks you for your support.



☐ I would like to donate _____ to Life Education NSW.
Gifts of \$2.00 or over are tax deductible.

Name: _____ Phone (optional): _____

Address: _____

Suburb: _____ Postcode: _____

Email (optional): _____

Child's Class: _____



... to add healthy snacks to lunch boxes

Kids have little tummies and need small amounts of food often. Try these simple + healthy snack ideas in your child's lunch box:

- **Plain air-popped popcorn** (without salt or butter) **mixed with sultanas + dried apple**
- **Dried fruit snack packs:** buy them ready made, or make your own at home in reusable containers
- **Fruit salads:** buy small tubs of diced fruit in natural juice, or cut up small pieces of fruit + make your own!
- **Crackers + veg:** Slice up some avocado or tomato + send with some rice crackers
- **Little veggie bags:** cherry tomatoes, capsicum, carrot and celery sticks
- **Frozen fruit bags:** freeze grapes, orange quarters or strawberries + then send to school!

Remember: kids love small portions, so cutting up fruit + veg will help make sure they don't bring it home at the end of the day!

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

Eat It To
Beat It



...to understand Health Star Ratings.

You may have noticed **Health Star Ratings** on the front of many packaged foods.



What do they mean?

Health Stars will help you make healthier choices when choosing packaged foods at the supermarket. The star rating is based on an assessment of the nutrient content of the food including the kilojoules, saturated fat, sugars and sodium (salt) as well as fruit, veg and fibre content. The more stars, the healthier the product.

Why?

63 percent of adult Australians, and 1/4 children are now classed as overweight or obese. The **Health Star Ratings** help us make healthier choices for our whole families – with a quick glance at the packet.

Cancer Council NSW helped develop the Health Stars – because we want healthy eating to be easier for everyone. **Remember, nothing beats fresh – but if you need to buy a packaged snack – look for five stars!**

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

Eat It To
Beat It



Nutrition Snippet

The simplest way

...to work out how much fruit + veg you need.

Eating **two serves of fruit** and **five serves of vegetables** every day will help keep you and your kids healthy. *But what does a serve look like?*



A **serve of fruit** is **150 grams** or:

- 1 medium fruit (apple/banana) or
- 1 1/2 tablespoons dried fruit (apricots/sultanas) or
- 1 cup of chopped or canned fruit (fruit salad)

A **serve of veg** is **75 grams** or:

- 1/2 cup of cooked veg or
- 1/2 medium potato or



SunSmart Snippet

The simplest way

...to prevent skin cancer.

Autumn is well and truly here, and as the days get shorter and cooler it's easy to think that we don't need to be as vigilant about sun-safety.

However UV levels are not linked to the temperature, and can still be high enough in Autumn to damage children's skin.



To help keep your kids safe, check the UV Alert daily. Where possible, it's best to minimise outdoor activities when the UV levels are three and above.

You can check and download the SunSmart UV alert at cancerCouncil.com.au/sunsmart